



# WOODBIDGE TOWNSHIP SCHOOL DISTRICT

## COLONIA HIGH SCHOOL

180 East Street  
Colonia, NJ 07067  
(732) 726-7075



Pellegrino La Sala  
Director Of Athletics

### Colonia High Athletic Code of Conduct

Student's Name: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Return To Mr. LaSala: \_\_\_\_\_

#### Administrative Detention/Lunch Detention/1 Block ACS

- 1<sup>st</sup> Detention- Coach assigned consequence.
- 2<sup>nd</sup> Detention- Meeting with Head Coach/Athletic Director and coach assigned consequence.
- 3<sup>rd</sup> Detention- Parent notified and coach assigned consequence.
- 4<sup>th</sup> Detention- Athlete will sit one contest.
- 5<sup>th</sup> Detention- Principal/Athletic Director will evaluate the status of the athlete.

#### Full Day ACS

- 1<sup>st</sup> ACS- Meeting with Coach and Athletic Director. Athlete can practice. Cannot start and will sit 1/2 of next contest. Parent will be notified.
- 2<sup>nd</sup> ACS- Meeting with Coach and Athletic Director. One game suspension. Athlete can practice but cannot dress for event. Athlete must be at contest in street clothes.
- 3<sup>rd</sup> ACS- Principal/Athletic Director will evaluate the status of the athlete.

#### OSS

- 1<sup>st</sup> OSS- Athlete cannot attend practice or a game. Parent will be notified. Meeting with the Athletic Director and Coach.
- 2<sup>nd</sup> OSS- Immediate dismissal from that athletic team. **No Appeal!**

All coaches should define their own consequences. These are the Colonia High School Athletic Department Consequences.  
Coaches must be diligent in knowing which of your athletes are not following the school rules and inform them of these consequences.

**Pellegrino La Sala**  
Director of Athletics  
Supervisor of Health and Physical Education  
Supervisor of Family/Consumer Science and Visual Arts  
Colonia High School  
180 East Street  
Colonia, NJ 07067  
[pellegrino.lasala@woodbridge.k12.nj.us](mailto:pellegrino.lasala@woodbridge.k12.nj.us)  
Office # 732-726-7075  
Cell # 908-208-2024  
Twitter- @coloniahssports

*\* U.S. News and World Report - Silver Medal Award Winner as a Top Rated High School \**

*\* New Jersey School of Character \**

*A Community of Caring Outstanding School of the Year*

*\* A State of New Jersey Best Practice Award Winner \**

*\* A National School of Character Promising Practices Winner \**



**Character Commitment Community**