



A RECURRING SERIES WITH
A VARIETY OF EXPERTS

Raising Happier Kids

(AND HAPPY PARENTS TOO!)



Eileen Kennedy-Moore, PhD, is an author, clinical psychologist, and mother of four, based in Princeton, NJ. Her work focuses on parenting and children's feelings and friendships.

Friendship Skills Every Child Needs to Learn

This presentation describes essential people skills that are part of the unspoken social curriculum for school-age children. Nearly every child has trouble with relationships in some way, at some time—friendship challenges that are often very painful for kids. You'll learn practical ways to help children feel more comfortable and confident, be it finding a buddy in a new classroom, handling teasing, having an argument with a friend...skills they will use for a lifetime.

**THURSDAY,
February 28, 2019, 7PM**
Parents and Grandparents of
Kids K-12, Bring Your
Questions!

REFRESHMENTS WILL BE SERVED
Iselin Middle School Auditorium
900 PANTHER WAY, ISELIN, NJ

Attendance is FREE, but please RSVP to
732-855-0600 ext. 5022, or email
SARAHMARIE.DELVALLE@twp.woodbridge.nj.us



John E. McCormac
Mayor



Public Health
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Dennis Green
Health Department Director



**We're giving away FREE
COPIES of Eileen's book
to the first 20 to RSVP!**