

Barron Perspective

2009-2010

Volume 1, Issue 1

November 2009

Homecoming 2009



Homecoming winners: Jessica Hughes and Mike Norelli

By Muhammad Effendi

On a perfectly cool autumn night, September 25th, 2009, the homecoming king and queen were announced. The nominees for the boys were Christian Corro, Johnny Mayi, Mike Norelli, and Alex Schrieks. The girl

nominees were Brittany Greco, Jessica Hughes, Sadie Logoio, Samantha Milak, and Victoria Tudor. All of the contestants looked exceptionally stunning. The

nominees anxiously stood in the middle of the football field along with last year's winners, Deshawn Knight and Kelly Burns, as well as Mr. Switek and Mr. Daly. Finally, after much anticipation, the title of Homecoming King was awarded to Mike Norelli and Homecoming Queen

went to Jessica Hughes.

The Homecoming King, Mike Norelli, is playing his fourth year on the Woodbridge High School Football team. He is the starting outside linebacker for the varsity team. When asked what being Homecoming King meant to him, Mike Norelli answered, "It feels great; I'm really happy. I didn't expect this many people to vote for me." When he is not busy with school or football, Mike loves to work out and hang out with his friends. He also has a job at Abercrombie and Fitch.

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Fall Pep Rally



Showing school spirit for WHS Fall sports!

By Andrew Shapiro

On September 11th, the students and staff of Woodbridge High School gathered in the gym at 1 o'clock for the first of many pep rallies, this one to motivate our fall sports. First to speak was Mr. Warren, who was excited as always, and really sent the frenzied crowd into a fer-

vor. Then came our Athletic Director, Mr. Ward, and finally, the team introductions began.

First up was the girls' and boys' cross country teams, introduced by Ms. Grasso and Mr. Moyer, respectively. Next up was ladies' tennis, followed by boys' and girls' soccer.

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Tutoring Info

Tutorial Club

English Help	Math Help
Monday 7:00-7:40 a.m. Room 307	Mon. & Wed. 2:45-3:30 p.m. Library
Wed. & Thurs. 2:45-3:30 p.m. Library	Friday 7:00-7:40 a.m. Library

20/20 Program

Monday - Friday

During Lunch in the Chorus Room

Monday - Thursday

7:00-7:40 a.m. and 2:40-3:20 p.m.

Library

National Honor Society Tutoring

NHS students can help you excel in any subject. Applications can be found and filled out in Block 1/Homeroom.

Welcome Back, Students!

By Andrew Shapiro, Managing Editor

As the calendar page turns to September, we, the students think of one thing—back to school. And for the average student, they see this as a bad thing. But school doesn't always have to be a chore.

For the seniors, this year spells the end of a long journey—and the beginning of an even longer one. For the incoming freshmen, this school can be a pretty intimidating place, especially when there are over 1500 students moving throughout three floors from class to class. And though some of the past WHS grads may have tried to scare the

freshmen with silly rumors of mean teachers and a pool on the roof, let me be the first to tell you that high school isn't only about that.

As a senior, I will personally agree I was a little anxious my first day here. But that first day, I met some new friends, and I still hang out with

them to this day. Don't be overwhelmed by the size and population of this school. Besides, you only have 20-30 kids in one class at a time. And, like it or not, you need a high school diploma to

make it almost anywhere in life, so you might as well strive for A's along the way.

If you need a way to spice up your high school experience, try taking a fun elective, or joining a cool club. If you like, or are good at, a certain sport, maybe try out for the team. Freshmen are almost always guaranteed a spot. Plus, WHS offers many exciting after-school clubs, like Anime, Future Problem Solvers, Academic Competition, and many, many more. So welcome back, one and all, to Woodbridge. Have a successful and enjoyable year!

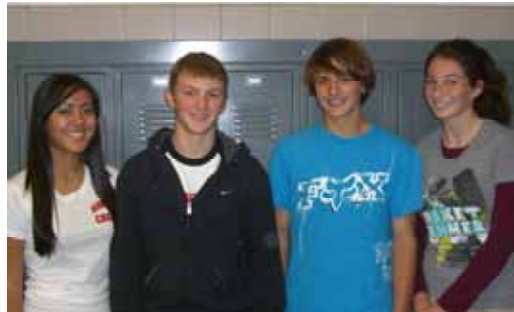
"And, like it or not, you need a high school diploma to make it almost anywhere in life, so you might as well strive for A's along the way."



Junior Class Officers

The following students were chosen as this year's Junior Class Officers:

- President: **Lauren Drumm**
- Vice-President: **Kyle Nagy**
- Secretary: **Krystal Bonus**
- Treasurer: **Brian Boland**



From left to right: Krystal Bonus, Brian Boland, Kyle Nagy, and Lauren Drumm

Congratulations and good luck!

Early Bird Special!

Pre-Order your Yearbook today for only \$85!

Offer expires Nov. 30th!

For more information, go to www.shopjostens.com

Newspaper Club Members

The student newspaper of Woodbridge High School is published six times during the school year by and for the students of Woodbridge High School. Inquiries and comments should be sent to The Editor of The Barron Perspective, Woodbridge High School, 1 Samuel Lupo Place, Woodbridge, NJ, 07095.

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Front Stories cont.

‘Homecoming’ continued from pg. 1

When Jessica Hughes was asked the same question, she replied, “It feels awesome! Seeing all of my friends and random people cheer for me was really cool. It was just all so overwhelming and I’m very thankful for everyone who voted for me.” Jessica, who is also a captain of the varsity cheerleading team, is an honor roll student and a member of National Honor Society and Spanish Honor Society. She also dances for A.I.M. (Arts in Motion) at Broadway Dance Center, and she has even danced live on Good Morning America!

A big congratulations is due to all of the other nominees. The students of Woodbridge High School did a phenomenal job narrowing down their top choices. A big congratulations goes to the winners as well. Mike Norelli and Jessica Hughes are outstanding students and we are very happy to see them announced the 2009 Homecoming King and Queen!



‘Pep Rally’ continued from pg. 1

The girls are on yet another path to success, as shown by their incredible start and tremendous team chemistry. The boys’ soccer team is also having a breakout year, and at the pep rally, Mr. Ballos announced their undefeated record! Following right behind the soccer teams was girls’ volleyball, with their coach, Ms. Risberg. Then, the moment the entire school had been waiting for, the Barrons football team, and their coach, Mr. Russo!

The football team’s seniors and captains were introduced, each member receiving a large round of applause. Throughout the pep rally, the band performed a selection of five songs, playing “Louie Louie,” “You Can’t Stop the Beat,” “Party Like a Rockstar,” “Eye of the Tiger,” and “Kingdom Hearts,” all of which really kept the pep rally momentum upbeat. And finally, to really send our spirits soaring, were the cheerleading squads, both varsity and junior varsity, each performing their halftime routines.

This year’s fall pep rally certainly captured Woodbridge High School’s enthusiasm and desire for success. Good luck to all of our teams, and we’ll be rooting for you!

The El Dorado Needs You!

El Dorado is Woodbridge High School’s literary and art publication. It serves as a forum for our students’ creative endeavors, including poetry, prose, and black and white artwork.

The club is a student-centered organization where all the pieces chosen for publication are selected by the staff. *El Dorado* staff members also assist the editor in the production of the publication.

The staff meets on Thursdays after school in room 308. Students from all grade levels are encouraged to join.

El Dorado is currently accepting submissions of poems, prose pieces, artwork and cover art for the 2009-2010 publication. This year’s theme is “Past, Present, Future.” Please obtain a submission form outside room 308.

The deadline for all submissions is Wednesday, December 23rd.

Ask the Barroness...

Dear Barroness,

I am a senior and my parents still treat me as if I am ten years old. My mother makes me tell her everything I do and everywhere I go. It gets me really frustrated because I am a practically an adult and I feel like she gives me no freedom. How should I deal with this situation?

Sincerely,
A Troubled Teen

Dear Troubled Teen,

Before you get so frustrated that your relationship with your parents is spoiled, think about how your life would be without them there. At first it sounds like a great idea—you could do whatever you want, where ever you want—but you could get in a lot of trouble living that way. Your parents want to know where you are because they care so much about you! They

“...Try to sit down with your parents and express how you are feeling.”

want what is best for you. I think you should try to sit down with your parents and express how you are feeling. If you discuss the matter in a rational way, I am sure they will no longer see you as a child, but a mature adult who can make their own decisions sometimes. They will most likely still want to know where you are, but because you confronted them, they will trust you much more. You need to make your own decisions and learn from your mistakes, but having your parents show such concern will later in life be very much appreciated.

UA

Dear Barroness,

I have gym this semester and I ended up taking a sport that I thought would be fun. The problem, though, is that the upperclassmen are kind of over-competitive and they are ruining it for me. Last year, this particular activ-

ity was great. Now, I barely want to participate. What should I do?

Sincerely,
No More Gym

Dear No More Gym,

I have been in the same position that you are currently in when I was an underclassmen. Believe it or not, everyone goes through this problem. The upperclassmen are always going to be competitive; you can’t change that, but you can change your attitude. You need to make the best of the situation. If possible, try to bond with the other students in the sport who are feeling this way too. If you all come together, you can enjoy gym again. Gym is supposed to be fun; don’t let them bother you, and remember in a few years you will be one of those competitive upperclassmen!

UA



In the Spotlight: New Teacher *An Interview with Mr. Cuches*

By Sarvesh Shah

Q: Do you like your job as a teacher?

A: Yes, and actually, this is my 14th year in the field of teaching.

Q: Why did you pick teaching?

A: To share knowledge and experiences.

Q: If you were not a teacher, what profession would you choose?

A: I would be a spokesperson.

Q: What is it like to be in WHS?

A: It is nice to be in WHS because sometimes I remember my high school memories by seeing the students.

Q: Where and what were you before a science teacher in WHS?

A: I was a science teacher in Fords Middle School.

Q: What were you like as a student?

A: As a student, I was athletic and more

into sports and I loved science.

Q: Describe yourself in few words.

A: Intelligently extroverted.

Q: Any message to the students?

A: “Make sure you are aware of the world around you!”



WHS welcomes Mr. Cuches!

F a l l S P O R T S

Football



Getting ready for a pass!

By Muhammad Effendi

"Football never ends," a very common phrase used by Varsity Football Head Coach

Russo. He explains that even when it is not football season, football players are still always working extremely hard to prepare themselves for the upcoming season. Playing in the most competitive division, the Red Division, the Barrons

compete with the best teams and really show us their passion for the game.

Coming into the 2009 season, the Barrons lost a lot of starting seniors from last year, posing some adversity for the football team. However, experienced varsity players—Johnny Mayi, Patrick Santiago, Dan Donahue, Craig Bruno, Jose Egner, Brian Lynch, Curtis Davison, Elvis Diaz, and Max Issaka—look to lead this young Barron's team to victory. Despite their newness to the team, sophomores Kyle Anderson (quarterback), Keith Hughes, and Anthony Nyers (wide receivers), show great potential as they help in the passing game for a traditional run-first football team.

The beginning of the Barrons' schedule was one of the hardest of any team in the Red Division. The Barrons were off to a shaky start; they lost their first four

games against four high ranked teams. However, they rebounded with a win against Edison on October 9th. The Barrons are certainly not giving up and continue to practice as hard as ever to try to achieve enough wins for a playoff berth. Come out and support the Barrons Football Team!



Woodbridge Barrons always ready to face the competition!

Cheerleading



By Alyssa Arroyo

Nobody takes school spirit more seriously than the 2009 varsity cheerleading squad. The girls are back in action with perfected routines and loads of enthusiasm. The squad is made up of 24 energetic junior and senior girls, headed by Coach Gurovich. Senior Captains Melissa Liquori, Lia Faiello, and Brittany Greco call out

the cheers and get the girls ready for their halftime performance. Cheering for the last time this season are returning seniors: Tammy McGrath, Riva McHugh, Jessica Hughes, Nicole Prato, Katherine Harrington, Kathleen Haberle, Heather Shanley, Alyssa Arroyo, and Elyse Rosales. These girls practice hard and cheer with true Barron pride. Come watch them on the sideline and help them support the Barrons football team!

Volleyball

By Vincent Coughlin

The Girls Volleyball team finished its third season with a record of 3-10. Captains Precious Chavies and Stacey Jacovinich lead the way for the team this year through several outstanding games. The varsity starters were Precious Chavies,

Stacey Jacovinich, Heather Dios, Morgan Rhodes, Taylor Hopf, and Amy Stepien. Although only two of the starting varsity players will be returning next year, Coach Risberg and the returning players are hoping that they will turn it around next year and have a winning season.



Captain Stacey Jacovinich (Below)

Captain Precious Chavies (Above)

Cross-Country

By Vincent Coughlin

With the pep rally kicking off the fall season, we were all introduced to our WHS Cross Country teams. Both the boys' and girls' teams have shown true dedication and tremendous effort.

The Girls' Cross Country team started out with a 2-3 record this year. Ms. Grasso is coaching again this season and has

trained these girls well. Girls' Cross Country is made up of six varsity runners: senior captains Morgan Reinhart and Patricia Dobrowski, alongside Melissa King, Victoria Steele, Melissa Rack, and Valerie Pugh. Two other top runners are Bridget Gonzalez and Kriesha Cruz. The girls are very hopeful that they will finish their season with a winning record.

The Boys' Cross Country team had a winning season finishing at 5-4 with wins over JFK and Colonia. They placed 12th in the county tournament and 11th in the North 2 Group IV sectional tournament. Junior Derwin Valazquez placed 24th overall at the county meet and 37th overall at the state meet. Despite losing valuable seniors this year, the Barrons will return a solid nucleus for next year.

F a l l S P O R T S

Barrons Soccer

By Matthew Fernandez & Robin del Rosario

The Woodbridge High School Barrons soccer team started off the season with an undefeated record of 4-0.

First was an impressive 4-2 win over Piscataway. Junior, Alex Fernandez scored four goals to put the Barrons on top. A few days later, Alex Fernandez and junior, Jorge Rosas, scored two goals against St. Joseph's High School, giving us a score of 2-1; leading the Barrons to their second victory of the season.

Next in line was J.P. Stevens High School. The game took place at home at Nicholas A. Priscoe Stadium under the lights. Senior, Mike Milanese took matters into his own hands by putting away a goal to give the Barrons a 1-0 lead at the half. To

secure the win, Alex Fernandez scored off a penalty kick mid-way through the second half.

Two days after, the Barrons traveled to Edison. Once again, the Barrons were ready to go. Jorge Rosas struck again by scoring two goals, one assisted by senior, Rafeu Tonifarah, to put the Barrons ahead. From this point in the season, the team faced their opponents with confidence.

Since then, the Barrons soccer team has had several other victories, including those against Edison, Colonia, and Monroe. Currently, their record stands at 9-7. The team recently received exciting news that they qualify for the States and will be going into the second round of the GMCs. We wish them good luck as they end their season with a bang!



Barrons Captain Alex Fernandez



Lady Barrons Captain Lauren Drumm

Lady Barrons Soccer

By Robin del Rosario

Every year, the Woodbridge Lady Barrons girls' soccer team dominates the field, and this year is no exception.

The girls defeated Sayreville's Lady Bombers on September 26th with a score of 5-2. They worked hard and were determined to beat the blue and silver. Junior Alex Nardoza and sophomore Shawna Grabowski clutched the game within the first few minutes; senior captains Karol Gomez and Annie Paskovich helped ensure a victory using feet and heads to score.

The Lady Barrons soccer team demonstrated incredible skill throughout the game; yet one thing really stood out—their teamwork. Goalie Carly Matthews

(sophomore and first year player) continuously blocked many shots. Junior captains Emily Fenton and Lauren Drumm kept going for the kill, and the starting line up—Brittany Petrie, Taylor Kapinos, Sadie Logozio, Justine Webster, Samantha Grimaldi, and Catherine Farrell—played an impressive game as well.

Captain Karol Gomez said, "I feel pretty good [about the team]. I mean, we've worked really hard all summer and all of us have grown as a team. Everyone gives 100% on the field."

With a motivated mentality as our Lady Barrons, the team intends to come out on top. Come out and watch as the team concludes their season with success.

Tennis

By Lianne Gitter

The Woodbridge Barron's Girls' tennis team consists of 17 dedicated players, most of which were initially new to the sport. Captains Kristine Villanueva and Anna Hozain shared their experiences with the other girls in preparing the team for a great season.

Junior Kristine Villanueva (1st singles)

returned to the team this year to show off her skills. Freshman Julia Kosov (2nd singles), the youngest on the team, also has shown consistent determination. Sophomore Monica Chisca (3rd singles) has become an honored player in a huge win this season as well.

Also on the team are extremely hardworking pairs: Aiswarya Kumbala-

parambil and Kayla Brunal (1st doubles), Anna Hozain and Samantha Russo (2nd doubles), and Cathy Owusu and Wilienne Jules (3rd doubles). Alexis Tzikakos serves as an alternate for doubles matches. Throughout the season, the girls have all shown improvement and intend on strengthening their skills for the future. Next year, they hope to be more competitive within the Red Division.

Marching Band

By Jasmine Viera

The WHS marching band kicked off the '09 season with a spectacular performance during half time at the September 11th football game. The band received a standing ovation after performing Michael Jackson's well-known hit, "Thriller". The band also performed "Kingdom Hearts" from the popular video game. This year, the marching band is led by directors David Hwang and Charles Kreisel, and is under the coordination of Ms. Donelan.

The marching band has been practic-

ing vigorously after school, striving for perfection. The field show theme is "Thrill of a Heartbeat", which includes "You Can't Stop the Beat" from the musical "Hairspray". "You Can't Stop the Beat" was recently performed at the Homecoming game, and received a standing ovation, as well as a dancing audience—a gratifying moment for the band.

The first place overall marching band (won during a music festival during April, 2009) performed at the St. James Street Fair Saturday September 26th, and held a very successful Pancake Breakfast at the Elks the following day. The Woodbridge High School

marching band is hoping to finely tune their skills as the season continues, and has done an excellent job representing our school. You can catch the band in action at the next football game, or at the upcoming Halloween parade in Linden, on November 1st.



Health and Environment

To Green or Not to Green? That is the Question...

By *Asheia Mikell*

Attention Woodbridge High School! It has come to my recognition that there is a new type of green that we should keep within our minds. No more green of jealousy, or the obvious, green money. This is the "green" to save the world!

Mother Earth is dwelling in a time of need, a need for more green. Of course, there is the situation of the ozone layer depleting, but the whole issue adds up to one source. And that source is us. What we should do—no—what *everyone* should do is chip in. Instead of thinking, "What more can I do for me?" think about "What more can I do for the environment?" Changing the world is just as easy as changing your clothes every single day. You have to commit and make it apart of your routine. Going green does not take more out of your pockets, but actually costs less. Going green does not make your life a hassle, but makes it a lot easier. Going green makes our skies bluer, our air cleaner, and of course, our grass greener!

"Instead of thinking, 'What more can I do for me?' think about, 'What more can I do for the environment?'"

Here are a few simple tips to start with:

Recycle

Bottles, cans, aluminum and plastic are some of the few items that can be recycled and used again. Recycling these items actually saves our water from more pollution. Plus, it prevents animals from struggling with things like bottle plastic holders caught around their necks. Also, buying recycled items helps just as much. Instead of buying a brand new CD player or Ipod, why not buy used? You save 50% of your money because of items being recycled that still work perfectly fine.

Wash in cold water

Washing your clothes in cold water not only saves you tons of money on energy, but you also avoid the risk of your house releasing over a thousand pounds of carbon dioxide into the atmosphere yearly! All it takes is a turn of a dial!

Wardrobe make-over

Ladies and Gents, of course you would

rather have top of the line labels like Baby Phat, Apple Bottoms, and so on. However, the process of shipping these designer brand products to your nearby store is actually releasing fumes and gases just to get there, or to be eventually returned. Instead of worrying about all that, you can buy locally produced clothes, or even trade clothes with close friends. As a kid, I bet you remember getting some type of hand-me-downs—why not keep that custom alive with a best friend or a family member?

Turn off and unplug any unused electronics

This one, in my opinion, is the most important. Done with your computer? Then turn it off, or at least make sure the monitor is off. Going out for a bit? Then switch off the lights. Turn on and plug in electronics when needed and keep off the items we don't. Be more aware and appreciative that electricity is sitting there, waiting for you!

Please keep these suggestions in mind for a healthy, happy future!



Flu Prevention

By *Natalie Gasparowicz*

Every year, we all worry about the flu season and take the necessary steps to prevent it. However, this year, we are all more worried because of the arrival of a new flu virus, H1N1, commonly known as the "swine flu". The media has made a huge deal out of this new strain of the flu. They have reported numerous deaths and near-fatal instances to scare us out of our wits. Should we be terrified?

Did you know that every year, the flu virus is more severe? Typical symptoms of the swine virus are: fever above 100°F, cough/sore throat, body aches, headaches, fatigue, vomiting, and diarrhea. As you can see, it is hard to recognize without medical attention if you actually have the swine flu and not just the seasonal flu. Once you do go to the

and you do have these symptoms, they will test to see if it's H1N1 by taking a sample of secretions from your throat or nose onto a swab. Also, if you feel that a vaccine would be right for you, vaccines will be available for both viruses.

Therefore, how can we prevent the flu before it makes us sick? The following steps are things we should do everyday to prevent ourselves from becoming sick. As always emphasized, washing your hands regularly is strongly recommended. If you don't have a sink and soap nearby, you should try using hand sanitizers. Also, you should try to avoid touching your mouth, nose, and eyes, because you can spread germs. Plus, if unfortunately you are sick, limit contact with those who are healthy and vice-versa. In addition, if you are sick—flu or not—

it is always suggested to stay home to avoid spreading it to your peers, co-workers, etc. If we can do these little steps everyday, we all should successfully stay healthy this flu season. For more information, visit: <http://www.cdc.gov/> .



Entertainment

Facebook

By Sandy Ibrahim

Facebook is a social networking site that is spreading through household computers like wildfire. It began with the audience of Harvard students, but has now reached astounding popularity amongst the public.

Facebook was founded by four students who attended Harvard University. Not only is it popular at the college level, but is also open to and enjoyed by all ages. On Facebook, you can send messages, update your personal status, play games, and chat. You can add as many as 200 photos in one album and also share videos with family and friends. In addition, a new feature that

was recently added is sending gifts to one another and returning them. Facebook also lets you create polls and quizzes, such as "How Well Do You Know Me?" or "How Jersey are You?". This website is hard to resist—one browse and you become addicted.

Facebook is one of my favorite sites to go on. When I first logged on, I thought it would be another boring site, a MySpace rip-off. However, I was completely surprised. I have now had it for almost a year and I cannot turn



away from the screen. It is one of the best ways to get in contact with old friends. I found friends from kindergarten that I haven't talked to since then! You can even connect with family that live in other countries.

Millions of users are on everyday, whether they are adding friends or just playing a game. It is a very safe site in that it offers many privacy settings. You can take precautions and hide certain information you do not want others to see. New users are on everyday and it is becoming one of the most popular websites used today. It is nearly impossible to meet someone who doesn't have a Facebook!

Movie Review

By Sandy Ibrahim

Cloudy with a Chance of Meatballs is an hour and a half of great animation and family-friendly fun.

The film was released September 18th, and is rated PG. The movie is based on the book, written by both Judi and Ron Barrett. It was produced by Pam Marsden and directed by Phil Lord and Chris Miller. Its stars—Bill Hader, Anna Faris, Andy Samberg, James Caan, Mr. T., Neil Patrick Harris, Benjamin Bratt and Lauren Graham—all give phenomenal performances of the zany characters



they play.

Cloudy with a Chance of Meatballs is about a town where food falls from the sky like rain. Flint Lockwood (Bill Hader) is a young inventor who dreams of creating something that will improve people's lives. Anna Faris plays weather girl Sam Sparks, who covers the

phenomenon while hiding how brilliant she is behind her perky personality. Last but not least, Brent (Andy Samberg) is

the town bully who has bothered Flint since childhood. He is the manipulative character who figures out that Flint's inventions can put the town on the map. The plot certainly does not lack imagination; each scene bursts with energy.

This is a great film for all ages. If you read this book as a child growing up, this movie will truly go beyond your expectations. In fact, the film was such a big hit that it grossed almost \$31 million dollars its opening weekend, showing in 3,119 theaters in America alone.

If you are looking for a fun night out, go check out *Cloudy with a Chance*

VIDEO MUSIC AWARDS

By Samantha Gonzalez

People have been raving about this year's Video Music Awards. With all the lights, music, and celebrities, this was a night to remember. Live performances included Lady Gaga, Taylor Swift, Pink, Green Day, and so much more. The 2009 VMA's aired September 13th at 9:00p.m at 42st New York, New York. The Host, Russell Brand was funny and exciting! However, not all of the events were a "fairy tale". Taylor Swift won an award for "Best Female Video", but, according to Kanye West's personal standards, he said otherwise. While Taylor Swift was accept-

ing her award, Kanye came onto the stage and rudely remarked "Beyonce's 'Single Ladies' should have won". Sadly, Kanye won't be attending any award shows soon. However, later that night, Beyonce kindly apologized and allowed Taylor to have her proper spotlight on stage.

In case you missed it, here are the winners of the VMA's:

Video of the Year: "Single Ladies" by Beyonce

Best New Artist: Lady Gaga

Best Male Video: "Live Your Life" by T.I Featuring Rihanna

Best Female Video: "You Belong With Me" by Taylor Swift

Best Hip-Hop Video: "We Made You" by Eminem

Best Pop Video: "Womanizer" by Britney Spears

Best Rock Video: "21 Guns" by Green Day

Break through Video: "Lessons Learned" by Matt & Kim

Best Video (That Should Have Won A Moonman): "Sabotage" by Beastie Boys

Best Choreography: "Single Ladies" by Beyonce

Best Cinematography: "21 Gun" by Green Day

Best Editing: "Single Ladies" by Beyonce

Best Special Effects: "Paparazzi" by Lady Gaga



Community Connection: Woodbridge Buddy Ball Program

By Gage Siana

Today, there are millions of children in the USA that are mentally challenged and have disabilities such as autism, Asperger's Disease, and Down's Syndrome. There are many different programs to help these children properly develop their cognitive skills, but few focus on their physical abilities and sportsmanship. There is, however, a very well-organized program right here in Woodbridge, NJ. "Woodbridge Buddy Ball" is for children with disabilities to participate in sports and other activities where no one will judge them or make fun of them. The program offers opportunity and encouragement for all.

Buddy Ball was created in 1995 by Kevin and Angela Fee, and John Eberhardt. The program started off with only about 35 children with disabilities. In 2002, Dan Taylor,

the current President of the program, took over and things really took off. Now there are over 130 disabled children participating in the program.

When interviewed, he said, "I was really glad to take over this program. It gives these kids a chance to participate, and show their true potential in sports and making friends." When the participants, parents, and other volunteers that help out in Buddy Ball were interviewed, they commented, "I love Buddy Ball and it's become a family to my daughter and I"; "I think Buddy Ball is the best thing that happened to the community. My favorite part is watching the children's faces light up when they make a goal and make new friends"; "Buddy Ball is a fun way for me to play sports better and make new friends."

Buddy Ball includes numerous

sports and activities such as baseball, soccer, basketball, kickball, bowling, and swimming, as well as other events such as a Halloween Party, Christmas Party, and other festivities. Families do not necessarily have to live in Woodbridge to participate in Woodbridge Buddy Ball. All are welcome, within the ages of 5-21, and other siblings may even participate by helping their brother or sister, and others.

If you or someone you know has a disability or is interested in volunteering in the program, feel free to contact the Buddy Ball advisors and visit the website at woodbridgebuddyball.org. This is an amazing program for those who need help and Dan Taylor is looking forward to many more years in this program.

One Act Play

By Gage Siana

Lights! Camera! Action! All feet face forward as the drama club casts and auditions for this year's one act play, "Cupid and Psyche". This is the drama club advisor, Mr. Terrell's graduation research project. This performance is based on a Greek God myth, with a modern, away-from-school twist. It follows Psyche, a beautiful human girl who falls in love with Cupid, the god of love, and

the difficulties they go through to stay together.

When asked for feedback on what was expected from the play, Mr. Terrell, Mr. Lynch (the co-founder of the club), and a couple of seniors who auditioned for the play responded, "This will be a little bit more challenging than the past one acts." They all agreed that the play will



lot of hard work, but definitely the best one act yet.


"Cupid and Psyche" will most likely be shown at the PTO meeting in January; all are welcome to attend. If you want to audition for the one act or have an interest in acting, Mr. Terrell and Mr. Lynch welcome all. You may also contribute your time with stage work, lighting, and costumes to help to perfect the play!

Horoscopes


By WHS Journalism Students

 Aries (March 21- April 19)


Tough situations are taking over your life right now, and it may feel never-ending. If you stay patient and keep looking on the bright side, good luck is to come your way. In time, all you've been through will be a thing of the past.

 Taurus (April 20- May 20)


Lately, you have been highly considerate of others, and haven't had much time for yourself. Try to take time away from everyone else, and focus on yourself for once. Take some time off, have some "me time", and relax.

 Gemini (May 21- June 21)

You are usually determined and focused, although at times, your mind wanders in many different directions. When you get busy, you don't really know where to start. Just take it slow and life may come easier than you thought.

 Cancer (June 22- July 22)


This week you have been distant from friends and family. They are always there for you through the hardest times in your life. You should set aside some time to spend with them to show your appreciation.

 Leo (July 23-August 22)


This month you will be faced with making a big decision. Don't let others hold you back. For once in your life, be selfish and don't let others cloud this significant choice. It will affect your future more than you think.

 Virgo (August 23-September 22)

This month you are finally going to get a break from all the stressful work and projects you have been getting from school. However, although you're getting a break from school, a bit of friendship drama is likely to come your way. Just keep your cool and try to stay out of it; it will all blow over in no time.

 Libra (September 23-October 22)

Finding harmony in your life has proven to be particularly difficult. You will find yourself struggling to find a balance between your social life and your school work. You should consider your priorities and structure yourself with a schedule.

 Scorpio (October 23 to November 21)


Since the typical Scorpio is jealous and passionate, you will be envious of your loved one this month. He or she may be spending a lot of their time with someone else other than you. Try to be understanding and don't let the green monster get the best of you.

 Sagittarius (November 22-December 21)

You are usually very confident, but are lately a bit unsure. You want to trust yourself, but your friends and family are confusing you with different advice. Remember that only you know the answer, so trust your heart!

 Capricorn (December 22 - January 19)

Your life might seem like a rockier path this month more than usual. The world might seem against you, but as tough as you are, you are going to have to find peace with the world again.

 Aquarius (January 20- February 18)

Life has been very hectic these past months. Relationships are not your thing right now, so just relax and have fun with "you" for a while. However, keep your eyes open because in a few months, love may be knocking on your door!

 Pisces (February 19- March 20)

You are responsible in most ways, but when it comes to money, you loose all control. Try to save as much as you can and you will find that extra cash will really help you out later this month.