

A full student lunch includes choice of entrée, TWO vegetable/fruit side dishes, and milk.

Daily milk choices include skim white, 1% white, and 1% chocolate

Station	Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Favorite Comfort Foods &amp; International Flavors Served Your Way in a Portable Bowl Fresh Fruit Offered Daily</p>		<p><b>Steak Escape</b> Beef or Chicken Steak Sub Rolls Sautéed Peppers, Onions, Mushrooms Cheese Sauce Confetti Coleslaw</p>	<p><b>Pasta Bowl</b> Fettuccini Alfredo Grilled Chicken Roasted Garlic &amp; Herb Yellow Squash Fresh Broccoli Oil/Garlic Garlic Breadstick</p>	<p><b>Chicken Bowl</b> Lemon Rosemary Glazed Chicken Brown Rice Seasoned Corn Mashed Potatoes/ Gravy</p>	 <p><b>Nacho Bar</b> Mexican Beef Corn Tortilla Scoops Seasoned Black Beans Seasoned Corn Cheese Sauce Shredded Lettuce Diced Tomato Diced Onion Salsa</p> 
 <p>Available Daily Hamburger ,Cheeseburger Chicken Patty,</p>		<p>Sausage Pizza Wrap</p>	<p>Hot Ham &amp; Cheese on a Bagel</p>	<p>Jamaican Bacon Burger on a Bun</p>	<p>Chicken Burrito w/ Salsa on the Side</p>
 <p>Baked Daily Cheese Pizza Side Salad Offered daily</p>		<p>Ham &amp; Cheese Stuffed Bread w/ Tomato Dipping Sauce Chicken Parm Pizza</p>	<p>Philly Cheese Steak Pizza  Broccoli &amp; Cheese Pizza</p>	<p>Pepperoni Pizza  Meatball Parm Subs</p>	<p>Red Hot Chicken Pizza  Arizona Chicken Panini</p>
 <p>Cold Sandwiches &amp; Salads Made Fresh Your Way Available Daily: Tortilla Wraps, Rolls, and <b>Whole Wheat Bread</b> Turkey, Ham, Tuna Salad, American, Swiss &amp; Provolone Cheese Pasta Vegetable Salad Iceberg Lettuce, Tomato, Onions</p>		<p>Ham &amp; Turkey Ranch on a WW Wrap</p>	<p>Triple Decker Turkey on WW Bread</p>	<p>Tuna Wrap</p>	<p>Italian Hoagie</p>
 <p>Fresh Food Fast- Packaged for Grab N' Go Offering Everyday Turkey &amp; Cheese Sandwich, Ham &amp; Cheese Sandwich Salads Served with Dinner Roll</p>		<p>Garden Salad with Cheese  South Of Border Salad</p>	<p>Garden Salad with Cheese  Deli Chef Salad</p>	<p>Garden Salad with Cheese  Buffalo Style Chicken Salad</p>	<p>Garden Salad with Cheese  Catalina Roast Turkey Salad</p>

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 <p>Favorite Comfort Foods &amp; International Flavors            Served Your Way in a Portable Bowl            Fresh Fruit Served daily</p>	<p><b>Potato Bowl</b>            Popcorn            Chicken            Whipped Potato Gravy            Seasoned Corn Country Style Biscuit            Warm Fruit Crisp</p>	<p><b>Asian Nation</b>            Orangy Beef Stir Fry            Brown Rice            Carrots            Broccoli            Onions            Garlic &amp; Ginger Snap Peas            Egg Roll            Fortune Cookie</p>	<p><b>Pasta Bar</b>            Seasoned Pasta            Beef Meatballs            Marinara Sauce            Italian Green Beans            Roasted Cauliflower            Garlic Breadstick</p>	<p><b>Chicken Fajitas</b>            Mexican Spiced Chicken            Tortilla Shells            Mexican Corn            Refried Beans            Sautéed Peppers &amp; Onions            Shredded Cheddar Cheese            Salsa</p>	<p><b>Burger Bar</b>            Beef Patty            Soft Hamburger Rolls            Sautéed Peppers &amp; Onion            Mushroom Ass. Cheeses            BBQ Sauce            Lettuce &amp; Tomato            Seasoned Carrots</p>
 <p>Hamburgers, Cheese Burgers, Chicken Patty, Available Daily</p>	<p>Chicken Fajita w/ Salsa on the Side</p>	<p>Sausage Pizza Wrap</p>	<p>Hot Ham &amp; Cheese on a Bagel</p>	<p>Jamaican Bacon Burger on a Bun</p>	<p>Chicken Burrito w/ Salsa on the Side</p>
 <p>Baked Daily Cheese Pizza            Severed with Tossed Salad</p>	<p>BBQ Chicken Pizza            Pizza Panini</p>	<p>Ham &amp; Cheese Stuffed Bread w/ Tomato Dipping Sauce            Chicken Parm Pizza</p>	<p>Philly Cheese Steak Pizza            Broccoli &amp; Cheese Pizza</p>	<p>Pepperoni Pizza            Meatball Parm Subs</p>	<p>Red Hot Chicken Pizza            Arizona Chicken Panini</p>
 <p>Cold Sandwiches &amp; Salads Made Fresh Your Way            Available Daily:            Tortilla Wraps, Rolls, and <b>Whole Wheat Bread</b>            Turkey, Ham, Tuna Salad            American, Swiss &amp; Provolone Cheese            Pasta Vegetable Salad            Iceberg Lettuce, Tomato, Onions</p>	<p>Salami &amp; Cheese on a Kaiser</p>	<p>Ham &amp; Turkey Ranch on a WW Wrap</p>	<p>Triple Decker Turkey on WW Bread</p>	<p>Tuna Wrap</p>	<p>Italian Hoagie</p>
 <p>Fresh Food            Packaged for Grab N' Go            Offering Everyday Turkey &amp; Cheese, Ham &amp; Cheese            Garden Salad with Cheese            All salads served with Dinner roll</p>	<p>Garden Salad with Cheese            Chicken Caesar Salad</p>	<p>Garden Salad with Cheese            South Of Border Salad</p>	<p>Garden Salad with Cheese            Deli Chef Salad</p>	<p>Garden Salad with Cheese            Buffalo Style Chicken Salad</p>	<p>Garden Salad with Cheese            Catalina Roast Turkey Salad</p>

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 <p>Favorite Comfort Foods &amp; International Flavors Served Your Way in a Portable Bowl Fresh Fruit Served Daily</p>	<b>Potato Bowl</b> Crispy Chicken Fingers Whipped Potato Gravy Seasoned Corn Country Style Biscuit Warm Fruit Crisp	<b>Grilled Cheese</b> Assorted Grilled Cheese Cheese, Ham, Bacon Pretzel Bun Texas Toast Tomato Soup Herbed Broccoli & Cauliflower Funnel Cake	<b>Pasta Bar</b> Spaghetti Meatballs w/or Marinara Sauce Roasted Italian Yellow Squash Seasoned Carrots Garlic Bread	<b>Potato Bar</b> Potato Wedges Baked Potato Chili Broccoli Cheese Bacon Salsa Homemade Corn Bread	<b>Backyard BBQ</b> Twin Beef Hot Dogs Soft Hot Dog Bun Sauerkraut Chili Cheese sauce Baked Beans Spicy Potato Wedges
 <p>Grab a Stack! Hamburgers, Cheese Burgers, Chicken Patty Available Daily</p>	Chicken Fajita w/ Salsa on the Side	Sausage Pizza Wrap	Hot Ham & Cheese on a Bagel	Jamaican Bacon Burger on a Bun	Chicken Burrito w/ Salsa on the Side
 <p>Crust &amp; Stuff! Baked Daily Cheese Pizza Severed with Tossed Salad</p>	BBQ Chicken Pizza  Pizza Panini	Ham & Cheese Stuffed Bread w/ Tomato Dipping Sauce  Chicken Parm Pizza	Philly Cheese Steak Pizza  Broccoli & Cheese Pizza	Pepperoni Pizza  Meatball Parm Subs	Red Hot Chicken Pizza  Arizona Chicken Panini
 <p>Deli Cold Sandwiches &amp; Salads Made Fresh Your Way Available Daily: Tortilla Wraps, Rolls, and <b>Whole Wheat Bread</b> Turkey, Ham, Tuna Salad, Chicken Salad American, Swiss &amp; Provolone Cheese Macaroni Tuna Salad Iceberg Lettuce, Tomato, Onions</p>	Salami & Cheese on a Kaiser	Ham & Turkey Ranch on a WW Wrap	Triple Decker Turkey on WW Bread	Tuna Wrap	Italian Hoagie
 <p>Outtakes Fresh Food Packaged for Grab N' Go Offering Everyday Turkey &amp; Cheese, Ham &amp; Cheese Garden Salad with Cheese Salads served with Dinner Roll</p>	Garden Salad with Cheese  Chicken Caesar Salad	Garden Salad with Cheese  South Of Border Salad	Garden Salad with Cheese  Deli Chef Salad	Garden Salad with Cheese  Buffalo Style Chicken Salad	Garden Salad with Cheese  Catalina Roast Turkey Salad






# High School Lunch Menu

Week 4  
**May 21-25, 2012**







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Station	Monday	Tuesday	Wednesday	Thursday	Friday
 Favorite Comfort Foods & International Flavors Served Your Way in a Portable Bowl Fresh Fruit Served Daily	<b>Brunch For Lunch</b> Assorted Breakfast Sandwiches Bagel, Hard Roll, Soft Bun Ham, Bacon Egg & Cheese Tater Tots Warm Fruit Crisp	<b>Asian Nation</b> Sweet & Sour Chicken Popcorn Chicken Sweet & Sour Sauce Peppers & Carrots Veggie Fried Brown Rice Ginger & Garlic Snap Peas Egg Roll Fortune Cookie	<b>Pasta Bar</b> Chicken & Mushroom Penne Dinner Roll Vegetable Crudités Cups w/ Ranch Celery, Cucumber, Carrots Warm Cinnamon Peaches	<b>Sub Station</b> Meatballs Subs or Chicken Parm on a Kaiser Roll Mozzarella Cheese Marinara Sauce Cole Slaw Fresh Broccoli w/ Garlic & Herbs Brownie	<b>School Closed</b> <b>Woodbridge HS Breakfast Only</b>
 Hamburgers, Cheese Burgers, Chicken Patty Available Daily	Chicken Fajita w/ Salsa on the Side	Sausage Pizza Wrap	Hot Ham & Cheese on a Bagel	Jamaican Bacon Burger on a Bun	
 Baked Daily Cheese Pizza Side Salad Offered Daily	BBQ Chicken Pizza Pizza Panini	Ham & Cheese Stuffed Bread w/ Tomato Dipping Sauce Chicken Parm Pizza	Philly Cheese Steak Pizza Broccoli & Cheese Pizza	Pepperoni Pizza Meatball Parm Subs	
 Cold Sandwiches & Salads Made Fresh Your Way Available Daily: Tortilla Wraps, Rolls, and <b>Whole Wheat Bread</b> Turkey, Ham, Tuna Salad, American, Swiss & Provolone Cheese Macaroni Tuna Salad Iceberg Lettuce, Tomato, Onions	Salami & Cheese on a Kaiser	Ham & Turkey Ranch on a WW Wrap	Triple Decker Turkey on WW Bread	Tuna Wrap	
 Fresh Food Packaged for Grab N' Go Offering Everyday Turkey & Cheese, Ham & Cheese Garden Salad with Cheese Salad served with Dinner Roll	Garden Salad with Cheese Chicken Caesar Salad	Garden Salad with Cheese South Of Border Salad	Garden Salad with Cheese Deli Chef Salad	Garden Salad with Cheese Buffalo Style Chicken Salad	

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Station	Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Favorite Comfort Foods &amp; International Flavors Served Your Way in a Portable Bowl</p>	<b>School Closed</b>	<b>School Closed</b>	<b>Pasta Bar</b> Lazy Lasagna Seasoned Bow Tie Pasta Mozzarella Cheese Italian Sausage Crumbles Marinara Sauce Italian Green Beans Garlic Bread	<b>Asian Nation</b> Japanese Teriyaki Chicken Lo Mein Noodles Asian Blend Vegetables Egg Roll Fortune Cookie	
 <p>Hamburgers, Cheese Burgers, Chicken Patty, Lentil Burgers Available Daily</p>			Hot Ham & Cheese on a Bagel	Jamaican Bacon Burger on a Bun	
 <p>Baked Daily Cheese Pizza or Pepperoni Pizza Severed with Tossed Salad</p>			Philly Cheese Steak Pizza  Broccoli & Cheese Pizza	Pepperoni Pizza  Meatball Parm Subs	
 <p>Cold Sandwiches &amp; Salads Made Fresh Your Way Available Daily: Tortilla Wraps, Rolls, and <b>Whole Wheat Bread</b> Turkey, Ham, Tuna Salad, Chicken Salad American, Swiss &amp; Provolone Cheese Macaroni Tuna Salad Iceberg Lettuce, Tomato, Onions</p>			Triple Decker Turkey on WW Bread	Tuna Wrap	
 <p>Fresh Food Packaged for Grab N' Go Offering Everyday Turkey &amp; Cheese, Ham &amp; Cheese Garden Salad with Cheese</p>			Garden Salad with Cheese  Deli Chef Salad	Garden Salad with Cheese  Buffalo Style Chicken Salad	